



BULLETIN-1

Technical Committee

1. Masoud Yazdan Panah : Technical Delegate from AVC Country: IRAN
2. Monirul Haque : Chairman Country: BANGLADESH

Organizing Committee

Steering Committee

Food and Accommodation Committee

Transport Committee

Technical Committee

Field and Venue Management Committee

Liason Committee

Finance, Sponsor and Budget Committee

Suviner Committee

Reception and protocol Committee

Opening and closing ceremony committee

Accreditation Committee

Security Committee

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VOLLEYBALL • Team composition

Asian Sr. Central Zone Women's Volleyball 2019



AFG • Afghanistan

PLAYERS

Shirt no	Last name	First name	Shirt name	Birthdate	Weight [kg]	Height [cm]	Highest reach		Club	National selections			
							Spike [cm]	Block [cm]		WC	OG	Oth	Tot.
1	HUSSAINI	Mahbooba		03/08/99	65	170				-	-	-	-
2	C HADI	Frozan		17/11/88	70	152				-	-	-	-
3	L ALIPOUR	Masoma		24/04/92	60	165				-	-	-	-
4	L HASHEMI	Somaia		03/08/94	56	159				-	-	-	-
5	HASSANI	Halima		22/11/92	50	169				-	-	-	-
6	HUSSAINI	Freshte		06/08/95	49	168				-	-	-	-
7	FAQIRI	Manizha		30/05/00	64	170				-	-	-	-
8	AHMADI	Razia		21/03/99	65	169				-	-	-	-
9	QULAMI	Fatima		08/09/99	56	164				-	-	-	-
10	NIKZAD	Zainab		24/07/01	65	173				-	-	-	-
11	AMIRI	Niloofer		23/03/98	50	167				-	-	-	-
12	ASKARI	Fatima		19/10/97	70	168				-	-	-	-

OFFICIALS

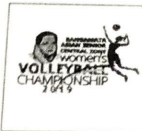
Team manager: Sayed Nematullah M.
Head coach: Mohammad Hanif Amiri
Assistant coaches: Zahra Fayazi
Doctor:
Therapist/Trainer:

COLORS

Main: Red
2nd: White
3rd:

STATISTICS

Data	Minimum	Average	Maximum
Age	18.3	23.1	31.0
Height	152	166	173
Spike			
2-hand block			
National selections			



VOLLEYBALL • Team composition

Asian Sr. Central Zone Women's Volleyball 2019



BAN • Bangladesh

PLAYERS

Shirt no	Last name	First name	Shirt name	Birthdate	Weight [kg]	Height [cm]	Highest reach		Club	National selections			
							Spike [cm]	Block [cm]		WC	OG	Oth	Tot.
1	KHATUN	Most Sabina	SABINA	20/11/95	67	180	255	250	POLICE	-	-	-	-
3 C	PARVIN	Shahida	SHAHIDA	04/03/90	57	152	225	224	ANSAR	-	-	-	-
4	PARVIN KEYA	Mst Suchona	SUCHONA	02/01/91	62	164	240	235	BGMC	-	-	-	-
5	AKTER	Doli	DOLI	15/01/86	60	161	246	240	ANSAR	-	-	-	-
6 L	AKTHER	Shohaly	SHOHALY	16/06/88	41	152	217	226	ANSAR	-	-	-	-
7	KHATUN MUKTA	Jahanara	MUKTA	27/03/93	60	161	235	230	BGMC	-	-	-	-
9	ASHA	Most	ASHA	11/03/96	60	167	240	235	BGMC	-	-	-	-
10	KHANAM BABLY	Shibbe	SHIBBE	15/02/96	65	173	245	240	BGMC	-	-	-	-
11	KHATUN	Mst Lucky	LUCKY	28/08/86	66	168	250	245	ANSAR	-	-	-	-
12	KHATUN	Mst Ajmira	AJMIRA	11/05/05	66	177	245	240	RAJSHAHI	-	-	-	-
13	BITHE		BITHE	28/12/93	68	174	260	255	BGMC	-	-	-	-
14	SULTANA RANU	Rubina	RANU	12/05/89	48	146	224	220	BGMC	-	-	-	-

OFFICIALS

Team manager:	NINEDITA DAS
Head coach:	MD GOLAM RASUL KHAN
Assistant coaches:	MD MOFIZUL ISLAM
Doctor:	
Therapist/Trainer:	

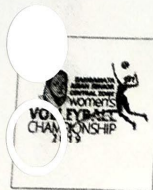
COLORS

Main:	Red
2nd:	Green
3rd:	Blue

STATISTICS

Data	Minimum	Average	Maximum
Age	14.5	27.1	33.8
Height	146	165	180
Spike			
2-hand block			
National selections			

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7.11.19



VOLLEYBALL • Team composition

Asian Sr. Central Zone Women's Volleyball 2019



KGZ • Kyrgyzstan

PLAYERS

Sh. nr.	Last name	First name	Shirt name	Birthdate	Weight [kg]	Height [cm]	Highest reach		Club	National selections			
							Spike [cm]	Block [cm]		WC	OG	Oth	Tot.
1	SHARAPIDINOVA	Burulsun	KYRGYZSTAN	11/09/97	60	163	225	225	SALAM ALIK	-	-	-	-
2	GARKUSHINA	Alina	KYRGYZSTAN	15/08/99	64	175	240	240	SALAM ALIK	-	-	-	-
3	MISHINA	Marina	KYRGYZSTAN	01/01/97	78	175	230	230	ULAR	-	-	-	-
5	MIRLAN KYZY	Madina	KYRGYZSTAN	17/07/95	60	172	235	235	SALAM ALIK	-	-	-	-
6	KADYROVA	Aidai	KYRGYZSTAN	01/07/91	83	180	250	245	SALAM ALIK	-	-	-	-
7	KUDAIKULOVA	Ogulai	KYRGYZSTAN	18/02/02	68	175	235	235	ULAR	-	-	-	-
8	MAMYTOVA	Marsel	KYRGYZSTAN	08/06/00	68	180	240	240	SALAM ALIK	-	-	-	-
9	PETRENKO	Alina	KYRGYZSTAN	16/09/96	64	175	235	235	DORDOI	-	-	-	-
11	SHUMKARBEKOVA	Aliia	KYRGYZSTAN	16/12/97	64	175	235	235	SALAM ALIK	-	-	-	-
14	GORLOVA	Anastasiia	KYRGYZSTAN	14/05/00	61	184	250	240	DORDOI	-	-	-	-
16	OMORBEKOVA	Kamila	KYRGYZSTAN	18/07/04	71	182	250	240	SALAM ALIK	-	-	-	-
17	SAMAT KYZY	Altynai	KYRGYZSTAN	24/06/97	68	170	230	230	ULAR	-	-	-	-

OFFICIALS

Team manager:	AISAKHODZHIEV A.
Head coach:	
Assistant coaches:	
Doctor:	SARBAGHYSHEV K.
Therapist/Trainer:	

COLORS

Main:	WHITE
2nd:	BLUE
3rd:	

STATISTICS

Data	Minimum	Average	Maximum
Age	15.3	21.4	28.4
Height	163	176	184
Spike	225	238	250
2-hand block	225	236	245
National selections			



VOLLEYBALL • Team composition

Asian Sr. Central Zone Women's Volleyball 2019



MDV • Maldives

PLAYERS

Shirt no	Last name	First name	Shirt name	Birthdate	Weight [kg]	Height [cm]	Highest reach		Club	National selections			
							Spike [cm]	Block [cm]		WC	OG	Oth	Tot.
1	JOOZAN ZAREER	Fathimath	Joozan	21/08/95	57	157	237	232	Police Club	-	-	-	-
2 L	WAHEED	Nuha	Nuha	21/10/94	50	150	241	236	Police Club	-	-	-	-
6 C	RASHIDHA	Hawwa	Rashidha	25/11/92	64	172	237	232	Police Club	-	-	-	-
7	AREESHA	Aminath	Areesha	24/06/98	57	155	235	227	Club Wamco	-	-	-	-
8	RIYASA	Aminath	Riyasa	01/05/97	62	152	237	232	Club Wamco	-	-	-	-
9	SAKHA	Hawwa	Sakha	31/01/94	63	175	232	227	Police Club	-	-	-	-
10	SHAHA SHAMIN	Aminath	Shaha	13/03/02	62	170	237	232	Police Club	-	-	-	-
11	SHAFFA	Aishath	Shaffa	03/08/89	68	170	235	227	Police Club	-	-	-	-
12 L	ZEENIYA MOOSA	Fathimath	Zeeniya	15/09/92	62	152	232	227	Police Club	-	-	-	-
13	HUSSAIN	Hamna	Hamna	05/07/97	61	166	237	232	Club Wamco	-	-	-	-
14	IMTHINAN	Aishath	Imthinan	20/09/95	70	168	239	234	Youth New generation	-	-	-	-
18	AZUMA	Mariyam	Azuma	30/01/96	64	160	238	233	Club Wamco	-	-	-	-

OFFICIALS

Team manager:	Hamida Abdul Aleem
Head coach:	Mohamed Faisal
Assistant coaches:	Ahmed Sunan
Doctor:	
Therapist/Trainer:	

COLORS

Main:	RED
2nd:	GREEN
3rd:	

STATISTICS

Data	Minimum	Average	Maximum
Age	17.7	24.3	30.3
Height	150	162	175
Spike	232	236	241
2-hand block	227	231	236
National selections			



VOLLEYBALL • Team composition

Asian Sr. Central Zone Women's Volleyball 2019



NEP • Nepal

PLAYERS

Shirt no	Last name	First name	Shirt name	Birthdate	Weight [kg]	Height [cm]	Highest reach		Club	National selections			
							Spike [cm]	Block [cm]		WC	OG	Oth	Tot.
1	THAGUNNA	Niruta	Niruta	20/03/98	59	168	276	260	Province 7	-	-	-	-
3	CHAUDHARI	Saraswoti	Saraswoti C	30/10/95	75	181	287	275	APF	-	-	-	-
4	KHADKA	Sunita	Sunita	28/08/93	63	174	285	275	Nepal Army	-	-	-	-
5 C	SHAHI	Aruna	Arnunga	17/11/94	64	173	272	262	Province 4	-	-	-	-
6	BIST	Usha Kumari	Usha	03/02/92	62	178	287	275	APF	-	-	-	-
7	BHANDARI	Janaki	Janaki B	15/06/95	62	172	278	266	Nepal Army	-	-	-	-
8	BHANDARI	Reshma	Reshma B	03/01/94	64	173	278	269	APF	-	-	-	-
10	PUN	Kamala	Kamal	06/11/94	65	158	225	220	NPC	-	-	-	-
11	MALI	Pratibha	Pratibha	06/07/01	73	174	287	273	Province 3	-	-	-	-
12	CHAND	Punam	Punam C	18/02/01	61	173	282	272	Province 5	-	-	-	-
15	PUN	Safiya	Safiya P	25/07/96	60	174	292	275	Nepal Army	-	-	-	-
18	SHRESTHA	Salina	Salina S	08/05/98	40	146	240	225	Province 3	-	-	-	-

OFFICIALS

Team manager:	Rita Koirala
Head coach:	JAGADISH PRASAD B.
Assistant coaches:	Salina Shrestha
Doctor:	
Therapist/Trainer:	

COLORS

Main:	RED
2nd:	BLUE
3rd:	

STATISTICS

Data	Minimum	Average	Maximum
Age	18.3	23.5	27.8
Height	146	170	181
Spike	225	274	292
2-hand block	220	262	275
National selections			



Accompany and Local Referees:

SL	Name	Grade	Country
Accompany Referees			
01	SHIEKH RASEL HASAN	CANDIDATE	BANGLADESH
02	TAHAL SINGH THAPA MAGAR	CANDIDATE	NEPAL
03	KALYKOV NURBEK	CANDIDATE	KYRGYZSTAN
04	ABDUL MAJEED MOOSA	CANDIDATE	MALDIVES
International Candidate Referees			
05	MD HUMAYUN MORSHED	INTERNATION	BANGLADESH
06	MD JAHANGIR ALAM	CANDIDATE	BANGLADESH
07	MD SAIFULLAH MUNIR	CANDIDATE BEACH VOLLEYBALL	BANGLADESH
08	MD SHAFIQR RAHMAN BABUL	OBSERVER	BANGLADESH
Local Referees			
09	Md Shahidul Islam	Local	BANGLADESH
10	Hafizul Hoque Happy	Local	BANGLADESH
11	Zahura Begum Barna	Local	BANGLADESH
12	Md jalal Uddin	Local	BANGLADESH
13	Zillul Haque	Local	BANGLADESH
14	Mesbah Uddin Ahmed	Local	BANGLADESH
15	Md Hossain	Local	BANGLADESH
16	Md Razib Mia	Local	BANGLADESH
17	Roshna Akter	Local	BANGLADESH
18	Kazi Samia	Local	BANGLADESH



Venue: Shaheed Suhrawardi Indoor Stadium, Mirpur, Dhaka.

Match Schedule

1. Afghanistan (AFG), 2. Bangladesh (BAN), Kyrgyzstan (KGZ), Maldives (MDV), Nepal (NEP)

Date	Match No	Time	Teams
Saturday 09 NOV	1	1000 hrs	KGZ vs MDV
		1500 hrs	Opening Ceremony
	2	1600 hrs	AFG vs BAN
Sunday 10 NOV	3	1300 hrs	AFG vs NEP
	4	1500 hrs	BAN vs MDV
Monday 11 NOV	5	1300 hrs	KGZ vs NEP
	6	1500 hrs	AFG vs MDV
Tuesday 12 NOV	7	1300 hrs	AFG vs KGZ
	8	1500 hrs	BAN vs NEP
Wednesday 13 NOV	9	1300 hrs	MDV vs NEP
	10	1500 hrs	BAN vs KGZ
Thursday 14 NOV	11	1300 hrs	Team finishing 3 rd and 4 th will have a playoff match to determine 3 rd and 4 th position
	12	1500 hrs	Team finishing 1 st and 2 nd will have a playoff match to determine 1 st and 2 nd position
Closing Ceremony			

Training Schedule

1. Afghanistan (AFG), 2. Bangladesh (BAN), 3. Kyrgyzstan (KGZ), 4. Maldives (MDV), 5. Nepal (NEP)



Date	Time	Team	Venue
Friday 08 NOV	0900-1000 hrs	MDV	Mirpur
	1000-1100 hrs	NEP	Mirpur
	1100-1200 hrs	BAN	Mirpur
	1200-1300 hrs	KGZ	Mirpur
	1300-1400 hrs	AFG	Mirpur
Saturday 09 NOV	0800-0900 hrs	NEP	Mirpur
	-	-	-
Sunday 10 NOV	0800-0900 hrs	BAN	Mirpur
	0900-1000 hrs	MDV	Mirpur
	1000-1100 hrs	AFG	Mirpur
	1100-1200 hrs	NEP	Mirpur
	1200-1300 hrs	KGZ	Mirpur

Training Schedule



Date	Time	Team	Venue
Monday 11 NOV	0800-0900 hrs	AFG	Mirpur
	0900-1000 hrs	BAN	Mirpur
	1000-1100 hrs	KGZ	Mirpur
	1100-1200 hrs	MDV	Mirpur
	1200-1300 hrs	NEP	Mirpur
Tuesday 12 NOV	0800-0900 hrs	AFG	Mirpur
	0900-1000 hrs	BAN	Mirpur
	1000-1100 hrs	KGZ	Mirpur
	1100-1200 hrs	MDV	Mirpur
	1200-1300 hrs	NEP	Mirpur
Wednesday 13 NOV	0800-0900 hrs	AFG	Mirpur
	0900-1000 hrs	KGZ	Mirpur
	1000-1100 hrs	NEP	Mirpur
	1100-1200 hrs	BAN	Mirpur
	1200-1300 hrs	MDV	Mirpur
Thursday 14 NOV	0800-0900 hrs	Team finishing 3 rd	Mirpur
	0900-1000 hrs	Team finishing 4 th	Mirpur
	1000-1100 hrs	Team finishing 1 st	Mirpur
	1100-1200 hrs	Team finishing 2 nd	Mirpur

